



## **The Wellbeing Award for Schools**

It is with great pleasure that we can inform you that Lime Tree has been officially awarded The Wellbeing Award for Schools!

This is a nationally recognised award for which Lime Tree have had to go through a scrupulous process to show that we offer above and beyond, outstanding wellbeing and mental health support which involves and impacts our whole school community.

The whole Lime Tree team worked together to gather all the evidence required and showcased this to appointed verifiers.

This evidence needed to show that mental health and wellbeing are a consistent thread at the core of our ethos for not only our pupils, but for parents, school staff and the wider community too.

Some of the main aspects of provision that was assessed included:

- Forest Schools and Outdoor Adventures
- Enrichment
- Our whole school ethos and approach through celebration and promotional days such as Mental Health Awareness Week and Time to Talk Day
- Our provision for supporting and signposting parents and the wider community
- The classroom environment and communal areas
- Our Wellbeing/ Pastoral Team
- Our individualised provision and interventions for children who need mental health and wellbeing support
- Lime Tree's mental health and wellbeing COVID response
- Staff mental health and wellbeing
- Staff training and professional development
- Our Curriculum offer for all children, including No Outsiders, Commando Joe's input and broad PSHE.

**Strengths** (taken from the verification report):

Strengths identified were numerous and deep, but the main two were probably the clear lead, determination and modelling displayed by senior leaders about the importance of emotional wellbeing and mental health; and, stemming from that, the very healthy professional relationships displayed by staff which was ubiquitously characterised by mutual respect.

Other strengths included the outdoor areas, where Forest Schools work is often found and the widespread use of Mindfulness and Zen Zones.

The use of displays and graphics all around the school (in classrooms, pavilions and school communal areas) are constantly promoting and explaining the nature of emotional wellbeing and mental health for all.

### **Next Steps:**

Lime Tree were recommended to seek out other schools to exchange good practice in an attempt to continue to create cutting-edge practice. After joining the Bright Futures Trust, this creates another fantastic opportunity to collaborate with other schools.

### **Further information**

We are all so pleased to be nationally recognised for all of our hard work, which has taken years to embed. We have now had confirmed that what Lime Tree offer children is above and beyond other schools, with our provision being outstanding.

The report stated that different areas of the school are so well planned and used, which is reflective of Lime Tree's determination to create a strong thread of emotional wellbeing through everything we do.

Lots more information can be found in the link to the website where you will find a powerpoint with more information.

We would like to take the time to thank the children, staff (internal and external), parents and governors who supported the process and were interviewed by the verifier, and to everyone who provided fantastic evidence for us to work from in the previous questionnaire that were sent out before Christmas. These responses continues to give us a fantastic base to work from to improve our provision for all.

A huge thank you goes out to all the staff at Lime Tree, whose continuous hard work to go above and beyond undoubtedly has an impact on all children, in whatever class they are in throughout the school.

As always, Lime Tree are here to support children and our wider community. Please come in to speak to us if you have any questions, queries or concerns.