



### **Lime Tree Primary Academy - Selection for Sporting Competitions**

At Lime Tree, our key aims through PE are to:

1. Give children a wide experience of sporting activities, igniting a lifelong passion to remain active, lead a healthy lifestyle and appreciate the positive relationship between physical activity and mental health.
2. Increase levels of fundamental skills, physical literacy and fitness.
3. Represent Lime Tree by the time they leave Year 6 and experience the feeling of 'getting on the bus and wearing the shirt' for Lime Tree.
4. Promote good sportsmanship throughout all levels of sporting activity
5. Develop teamwork, mental stamina and resilience skills.

As a school we enter many matches, festivals and tournaments across Key Stage 1 & 2 (both competitive and noncompetitive) and all staff involved recognise the need to work towards an inclusive approach that encompasses our aims detailed above. In some cases, there may be limited numbers for events and therefore decisions on which children may be asked to participate could be decided in different ways:

- Through an open session where members of staff pick children to participate in an event based on different qualities such as performance, effort, sportsmanship, level of skill demonstrated, understanding of rules/tactics and attitude.
- Through P.E lessons where class teachers may nominate a child to participate in an event related to P.E lessons based on different qualities such as performance, effort, sportsmanship, level of skill demonstrated, understanding of rules/tactics and attitude.
- By monitoring who has or has not had a chance to represent Lime Tree yet and ensuring that they have the opportunity to do this and are selected to an appropriate event.
- To support children in reaching curriculum goals, giving selected individuals chances to gain confidence in a certain sport/area.
- Selection at the discretion of staff through recognising and ensuring that all individuals have equal opportunities to compete
- In preparation for high school, sports and lead ambassadors may work in collaboration with members of staff to select and develop competitive teams

Taking part in different clubs/teams (inside and outside school) contributes to each child's personal development and self-esteem. Please support your child by congratulating them on their achievements and supporting them to be resilient and celebrate their friends if they are not selected. At all times it is important that the pupils understand that it is important to win and lose gracefully whatever the level of competition.