WEEK 1 MENU

w/c- 30/10, 20/11, 11/12, 01/01, 22/01, 12/02, 04/03, 25/03

	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY	STREET FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	Minced Beef and Potato Pie	Pasta Bolognaise	Roast Chicken	Margherita Pizza (V)	Oven Baked Breaded Fish Fingers
Main 2	Shepherdess Pie (PLANT+) (F50) (Ve)	Cheese & Tomato Quesadilla (V)	Roasted Quorn Fillet (Ve)	Teriyaki Noodles with Edamame Beans (Ve) (F50)	Veggie Nuggets (V)
Carbohydrates	Creamy Mashed Potato (V)	Braised Rice (V)	Roasted Potatoes (Ve)	Baked Potato Wedges (V)	Oven Baked Chips (Ve)
Vegetables	Roasted Carrots (Ve)	Green Beans (Ve)	Country mixed Vegetables (Ve)	Sweetcorn (Ve)	Garden Peas Baked Beans (Ve)
Desserts	Iced Carrot Cake Selection of Yoghurts,Fruit, (V)	Flapjack (Ve) Selection of Yoghurts, Fruit, (V)	Plum Pudding Cake Selection of Yoghurts (V) Fruit,	Carrot and apple muffins (Ve) Selection of Yoghurts, Fruit, (V)	Vanilla Ice Cream Selection of Yoghurts, Fruit, (V)

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

(F50) **Future 50** Contains one or more of the top 50 most sustainable foods in the world!

(V) **Vegetarian** (Ve) **Vegan** (O) **Organic**

For allergen content please speak to member of staff who will be happy to assist

WEEK 2 MENU

w/c – 06/11, 27/11, 18/12, 08/01, 29/01, 11/03

	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY	PLANET EARTH DAY	ORIGINALS DAY	STREET FOOD DAY	FRIDAY FAVOURITES
MAIN 1	Meatball Bake	Macaroni Cheese (V)	Roast Chicken and Yorkshire pudding	Mild Chicken Curry	Oven Baked Breaded Fish
Main 2	Vegan Sausage & Gravy (Ve)	Chickpea and Coconut Curry with Rice (F50) (PLANT) (Ve)	Roasted Vegetable Tart (Ve)	Vegetable and Mozzarella Traybake (V)	Vegan Katsu with Chips (PLANT) (Ve)
Carbohydrates	Mashed Potato (V)	Garlic and Parsley Bread (V)	Roasted Potatoes (Ve)	Braised Rice (Ve)	Oven Baked Chips (Ve)
Vegetables	Cabbage (Ve)	Carrots (Ve)	Country mixed vegetables (Ve)	Roasted Cauliflower (Ve)	Garden Peas Baked Beans (Ve)
Desserts	Vegan Sweet Potato & Ginger Cake (Ve) Selection of Yoghurts, (V) Fruit,	Apple Shortbread (Ve) Selection of Yoghurts, (V) Fruit,	Berry Crumble Traybake Selection of Yoghurts, (V) Fruit,	Chocolate and Beetroot Cake (F50) Selection of Yoghurts, (V) Fruit,	Raspberry Jelly Selection of Yoghurts, (V) Fruit,

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(V) **Vegetarian** (Ve) **Vegan** (O) **Organic**

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WEEK 3 MENU

w/c – 13/11, 04/12, 15/01, 05/02, 26/02, 18/03

	Monday	Tuesday	Wednesday	Thursday	Friday
	STREET FOOD DAY	WORLD FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	Cajun Chicken	Roasted Tomato and Pesto Pasta	Vegetable Lancashire Hot Pot (PLANT+, Ve)	Chicken Gyro Pittas	Fishcake
Main 2	Sweet Potato and White Bean Calzone (Ve, PLANT+, F50)	Barley and Vegetable Risotto (PLANT+, F50, Ve)	Mediterranean Gnocchi Bake (V)	Vegetarian Sausage and Bean Hot Pot (V)	Cheese & Tomato Pinwheel (V)
Carbohydrates	Baked Potato Wedges (V)	Garlic and Red Onion Focaccia Slice (V)	Roast Potatoes (Ve)	Baked Half Jacket Potato (Ve)	Oven Baked Chips (Ve)
Vegetables	Sweetcorn (Ve)	Mixed salad, Croutons & Dressing (Ve)	Country Mixed Vegetables (Ve)	Braised Peas (Ve)	Garden Peas Baked Beans (Ve)
Desserts	Gainsborough Tart Selection of Yoghurts (V) Fruit,	Cherry Cinnamon Pudding Selection of Yoghurts, (V) Fruit,	Baked Rice Pudding – Fruit Compote Selection of Yoghurts, (V) Fruit,	Sticky Orange Cake Selection of Yoghurts (V) Fruit,	Artic Roll Selection of Yoghurts, (V) Fruit,

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

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V **Vegetarian** Ve **Vegan** O **Organic**

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